



BEACH SAMBO

COMPETITION RULES

2019

BEACH SAMBO COMPETITION RULES

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SECTION I COMPETITION FORMAT AND METHODS

Article 1 - Format of competitions

1. Competitions may be held in the individual and team formats.
2. Team competitions shall be held among mixed teams.
3. Mixed teams consist of athletes of four (4) male weight categories and four (4) female weight categories. Team with less than five (5) athletes will not be allowed to participate in competitions.

Article 2 - Competition systems and methods

1. When conducting competitions contestants shall compete in several subgroups (system with subgroups).
2. Individual and team competitions shall be held according to the method with the elimination of contestants and the single repechage system (from finalists).
3. Draw shall be conducted «by hand» at the weigh-in or on the General Technical Meeting.

SECTION II CONTESTANTS

Article 3 - Age groups of contestants

Contestants shall be categorized in accordance to the age category below:

Group	Men and Women
Adults	18 years and older

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Article 4 - Weight categories of contestants

Individual contestants shall be divided into the following weight categories:

WOMEN	50, 59, 72, over 72 kg
MEN	58, 71, 88, over 88 kg

Team contestants shall be divided into the following weight categories:

W	50		59		72		over 72	
M		58		71		88		over 88

The weight category with which fights in team competitions begin in each round changes. This category is determined during the drawing of lots at the general technical meeting.

Article 5 - Weigh-in of contestants

1. The weigh-in procedure aims to match a contestant's weight to one of the weight categories. The athlete has the right to participate in these competitions only in one weight category.
2. The contestant weigh-in procedure and time are described in the Competition Regulations. An athlete who is late or fails to appear for the weigh-in shall not be permitted to take part in competitions. Contestants shall be granted the right to test the scales on which the official weigh-in will take place **one (1) hour** prior to the start of the weigh-in. The weigh-in is to be held only once on the eve of the competitions and should last **thirty (30) minutes**. It is allowed to use several scales during the weigh-in, but all contestants of the same weight category should be weighed on the same scales.
3. The weigh-in shall be conducted by the Chief Referee Assistant and two referees appointed by the Chief Referee.

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The presence of a doctor is necessary during the weigh-in. All referees must wear an official uniform and the doctor must wear a white coat. All members of the Officials at the weigh-in should be of the same gender as the athletes (among men must be only men, among women must be only women).

4. All contestants shall undergo a medical examination with the doctor before the weigh-in. Contestants shall be weighed in a special room; contestants shall be weighed in sports underwear: men in underwear and women in bras and underwear. It's not permitted to weigh-in without clothes.

5. All contestants must present the current passport of the country they represent at the weigh-in.

6. The weigh-in results shall be recorded in the report which shall be signed by all members of the weigh-in team of referees (Annex 5).

7. An athlete may compete only in one weight category, which corresponds to its actual weight shown at the official weigh-in.

8. Teams shall be composed of the athletes who also participate in the individual competitions. On the day of the team competition the athletes may compete in their own weight category or in the next category (higher).

9. Athletes shall not have any additional weigh-in to participate in team competitions.

Article 6 - Obligations and rights of contestants

1. Contestants shall be required to:

- a) strictly follow the Competition Rules and Regulations;
- b) comply with the requirements of the Competition Officials;

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- c) immediately appear on the contest area when called by the Competition Officials;
 - d) immediately inform the Competition Officials about the inability to continue the competition for any reason;
 - e) shake hands with opponents both before and after the bout;
 - f) behave properly in relation to all contestants, officials, people conducting and servicing the competition as well as spectators;
 - g) be shaved (or have a short beard) with short fingernails in a sambo uniform consistent with the FIAS Rules;
 - h) tightly tie long hair in a braid or ponytail no longer than 20 (twenty) cm.
2. Contestants shall be entitled to:
- a) check the weight on the official weigh-in scales one hour before the weigh-in starts;
 - b) promptly obtain the necessary information: about the progress of competitions, the competition programme, changes to the competition programme, the line-up for the next round, bout results, etc.;
 - c) appeal to the referee with a request to stop the bout (only if it is necessary to seek medical aid or to adjust a uniform).

Article 7 - Contestant uniform

1. Contestant uniform: Beach sambo jacket (white color) with belt (red or blue color), Beach sambo shorts (red or blue color) and Beach sambo ankle support (red or blue color) for men and women.

Female contestants must wear a swimsuit under the jacket and shorts. Beach sambo jacket and belt shall be made of cotton fabric.

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Two slits for the belt shall be made along the waist 5 (five) cm to the front and the back of the side seam.

The belt must be run through these slits, wrapped twice closely around the body and tied in the front in a knot that binds both wrapped parts of the belt.

Beach sambo shorts shall be made of red and blue cotton. The top shall run to the belt line, and the bottom should run to the knee.

The use of Beach sambo uniforms shall be permitted at all official Beach sambo competitions in accordance with the requirements established by these Rules and the FIAS Sports Regulations.

2. Contestants shall attend the opening and closing parades and award ceremony in their red uniforms.

3. Contestants shall be prohibited from having any solid objects on their bodies during the bouts.

4. Bandages and tapes shall be permitted in order to prevent injuries to joints. Any open areas of the body (for example, the knee joint) must be covered with a bandage or elastic kneepad tape in the colour of the uniform (red or blue).



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Article 8 - Team representatives, coaches and captains

1. The team representative (head) shall be an intermediary between the Competition Officials and the contestants. If a team does not have a special representative, such functions shall be performed by the team captain.
2. The team representative shall be responsible for the discipline of the team members and ensure their timely appearance at competitions.
3. The team representative shall take part in the draw and attend meetings of the Competition Officials if they are held jointly with representatives.
4. The team representative, coach and captain shall be prohibited from disrupting the work of the Competition Officials and people conducting the competitions.
5. The team representative must remain in a specially designated area for representatives during the competitions.
6. The team representative may not be simultaneously a referee of these competitions.
7. The coach shall be entitled to be located in the specially designated place. During the competition, the coach must wear a sports uniform (at least shorts and T-shirt).

SECTION III COMPETITION OFFICIALS

Article 9 - Competition Officials

1. Competition Officials shall be approved by the Chairman of the FIAS Technical Commission (Annex 3).
2. Competition Officials shall be represented by:

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– Chief Officials – Chief Referee, Chief Referee Assistant, Chief Secretary;

– Officials – Contest area Chairmen, Referees.

3. The National Sambo Federation hosting the competitions shall provide a support staff: uniform control referees, timekeepers, secretaries, announcers, video replay system operators, commentators, doctors, custodians, etc. (an estimate of the required number of Competition Officials and support staff is given in Annex 1).

4. The officiating of the bout shall be conducted by neutral Competition Officials representing different countries as comprised of: Contest area Chairman, Referee.

The Chief Referee or the Chief Referee Assistant shall be involved in making a final decision in case of disputable situations.

Each of them shall make decisions to assess actions independently and argue their actions with the corresponding provisions of the Rules when dealing with contentious issues.

5. Referees must have a referee uniform, a referee accreditation badge and a whistle.



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A referee uniform shall consist of a white T-shirt, cuffs (red and blue), white shorts, sports shoes, white socks and a cap approved by FIAS. Referees may use only white trouser belts. No items shall be permitted on the belt.

Article 10 - Chief Referee

1. The Chief Referee shall manage the competitions and be responsible for conducting them in accordance with these Rules and the Regulations with respect to the host organisation of the competition and the corresponding National Federation.

2. The Chief Referee shall be required to:

a) inspect the preparedness for the competitions of facilities, equipment, inventory and their compliance with the requirements of these Rules jointly with the FIAS Sports Director (or the person representing the FIAS Sports Commission), doctor and representative of the host organisation of the competition, verify the existence of the necessary documentation;

b) appoint the Officials for the weigh-in;

c) organise the draw of contestants;

d) approve the competition schedule;

e) designate assistants and Officials for each contest area;

f) hold a meeting of the Competition Officials on the eve of the first day of the competition, prior to the start of the competition (to announce the programme and work procedure of the Competition Officials), and also in cases when it is required during the competition;

g) approve the final pairings and appoint Officials to conduct them.

3. The Chief Referee shall be entitled to:

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- a) interrupt the bout, announce a break or stop the competitions in case of force-majeure or other circumstances causing hindering the normal functioning of the competitions;
 - b) make changes to the competition programme and schedule if an urgent need for such arises;
 - c) change the functions of Officials during the competition;
 - d) dismiss Officials who commit serious errors or are unable to perform the assigned duties while noting this in the report and informing the Officials of the corresponding Federation;
 - e) issue a warning to (or eject) team representatives, referees and captains who display rudeness and argue with the Officials;
 - f) change the order of bouts if needed.
4. The Chief Referee shall not be entitled to dismiss or replace Officials during the bout.
5. The Chief Referee's instructions shall be binding for contestants, Officials and team representatives.
6. The Chief Referee's functions may be performed by an assistant at competitions under the former's instructions.

Article 11 - Chief Secretary

The Chief Secretary shall manage the work of the competition secretaries:

- a) be a member of the Registration Commission;
- b) conduct draws;
- c) prepare the competition programme and schedule;
- d) maintain the competition reports;
- e) monitor the preparation of bout reports;
- f) prepare instructions and decisions for the Chief Referee;

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- g) provide the Chief Referee with the competition results for approval;
- h) provide representatives, commentators and journalists with an information by the permission of the Chief Referee.

Article 12 - Contest area Chairman

When officiating a bout, the Contest area Chairman shall sit at the officiating table and manage the work of the referees.

Article 13 - Referee

1. While on the contest area and utilising officiating signalling means (whistle, terms and gestures – Annex 2), the Referee shall manage the bout, assess the holds, actions and positions of the athletes, and ensure that the bout takes place in strict compliance with the Rules.

2. The Referee shall:

- a) take part in the presentation of the athletes;
- b) blow the whistle for the start of the match and its resumption following breaks in the bout;
- c) interrupt the bout:
 - if the athletes go off the contest area,
 - if one of the athletes requires medical assistance, the Referee shall call a Competition doctor using a gesture,
 - if a contestant's uniform needs to be adjusted,
 - if an athlete is using a prohibited hold and must be disqualified,
 - at the request of the Contest area Chairman ,
 - at the request of the contestant if the Referee deems it possible at that time,

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- if the Referee requires consultations in cases not covered by the Rules;

d) stop the bout prematurely:

– if he determinates throw,

– if the decision is made to dismiss or disqualify an athlete from a bout;

e) blow the whistle to end the bout and make the appropriate gesture upon signal from the scoreboard (gong);

f) take both contestants by the arm to the middle of the contest area and raise the arm of the winner when announcing the result of the bout.

3. If athletes do not perform any technical actions during the bout, the Referee must indicate an active athlete (using a gesture) **2 (two) minutes** after the start of the bout.

Article 14 - Technical Secretary

The Technical Secretary shall sit at the Contest area Chairman's table and complete a score sheet throughout the bout. Upon completion of the bout, the secretary shall tally the winner name and time of the bout and give the score sheet to the Chief Secretary (Annex 7).

Article 15 - Electronic scoreboard operator (if the electronic system is used)

The Electronic scoreboard operator shall sit at the Contest area Chairman's table and display the following information about the bout on the electronic scoreboard:

- actual time of the bout; - symbol «PLUS» (+) to indicate an active athlete;

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- symbol «SEMAPHORE» (•) to designate the winner (Annexes 13 and 14).

Article 16 - Timekeeper

1. The timekeeper shall sit at the Contest area Chairman's table. The timekeeper shall duplicate the following functions of the scoreboard operator in case of a malfunction:

- record the time of the bout;
- give the signal when the bout ends by banging a gong in the absence of an electronic system;
- maintain a manually operated scoreboard information.

2. During breaks in the bout, the timekeeper shall stop the stopwatch upon the Referee's whistle or under instructions of the Contest area Chairman and restart it upon the Referee's whistle to record the actual time of the bout.

Article 17 - Announcer

The Announcer shall announce the competition programme and procedure, present the contestants of each bout and announce the results of each bout. The announcer shall announce information in English and in the language of the country in which the competition is taking place.

Article 18 - Uniform control referee

Uniform control referees shall:

- a) verify before the start of the competition that contestants have the proper uniforms as well as their compliance with the requirements of these Rules;

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- b) acquaint contestants with the competition programme and schedule;
- c) warn contestants about the time to enter the contest area;
- d) inform the Chief Referee about the failure to appear at the contest area and dismissal of contestants from a competition;
- e) check uniforms of athletes.

Article 19 - Competition Doctor

1. The Competition Doctor shall be a member of the support staff and work at competitions in accordance with the FIAS Sports Regulations.
2. The Competition Doctor shall:
 - a) verify that entries are properly filled out and contain a medical consent to admit contestants to a competition;
 - b) attend the weigh-in and conduct an external examination of contestants;
 - c) monitor compliance with sanitary and hygienic requirements at the competition venues;
 - d) monitor the contestants during the competition process;
 - e) provide medical assistance to athletes directly at the contest area, provide opinions on whether athletes can continue a bout or competition, immediately inform the Chief Referee of the competition about the decision and submit the corresponding document to the secretaries;

Article 20 - Competition Administrator

1. The Competition administrator shall be responsible for the timely preparation and decoration of the contest areas, safety, accommodation and services for contestants and spectators, the

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installation of a public address system at the competition area, maintaining order during the competition and also ensuring all the necessary measures are taken under instructions of the FIAS representative.

2. The Competition administrator shall be responsible for the preparation and suitability for use of special equipment and tools to conduct the competition in accordance with Article 30.

SECTION IV OFFICIATING RULES

Article 21 - Bout content

1. Beach sambo bouts are held only in the standing position. Victory is awarded after a throw when the opponent, as a result of conducting active action, falls on the sand on any part of the body except the feet.

2. A throw is regarded as a technical action by an athlete if it causes a loss of balance of the opponent, fall on the contest area and touching it with any part of the body except the feet.

2. A counter-throw is a throw whereby a defender takes the initiative in response to the opponent's attacking action, stopping the opponent's attack and altering the direction of the attacker's fall.

3. Unsuccessful throw – a throw whereby the attacker moves (falls) into one of the ground positions as a result of an unsuccessful attempt to make a throw, which is not a result of an active countermove of the opponent.

4. An attacking athlete may perform throws with a fall.

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5. In Beach sambo it's allowed to grip the edges of opponent's shorts and the ends of jacket sleeves, in order to apply throws.

Article 22 - Start and end of bouts

1. Athletes shall be called to the contest area to take part in a bout.

2. Prior to the start of the bout, the athlete called first (in a red uniform) shall stand on the right hand of the Referee, while the opponent (in a blue uniform) shall stand on opposite side. After being introduced, the athletes shall come to the centre of the contest area upon the Referee's signal and shake hands. Then they shall take a step back and begin fighting upon the Referee's whistle.

3. The bout shall end upon a sound signal (gong) and not upon a repeat whistle blow by the Referee.

4. Upon completion of the bout, the athletes shall take the same positions at the contest area as before the bout. In order to announce the result of the bout, the Referee shall call the athletes to the centre, take their wrists and raise the arm of the winner (Annex 2) after which the athletes shall shake hands and leave the contest area.

Article 23 - Course and duration of bout

1. The duration of bouts (preliminary matches and matches for medals) for all age, gender and weight categories shall be **3 (three) minutes**.

2. The time of a bout shall start being counted upon the first whistle of the Referee. The time of the breaks shall not be included in the actual time of the bout.

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3. In case if any technical actions were not applied by the athletes at the expiry of **2 (two) minutes** of the bout, the Referee should give an «activity» evaluation to one of the athletes. In case if until the end of the bout no technical actions have been applied, the athlete, awarded with an «activity» evaluation, automatically becomes the winner.

Article 24 - Break between bouts

The break between bouts must be at least **10 (ten) minutes**.

Article 25 - Bout result and evaluation

Individual competitions

1. A bout may result in the victory of one of the athletes and defeat of the other. It could also result in the defeat of both athletes (by disqualification)].

2. A victory may be attained:

- a) by a successful throw;
- b) by securing the activity award;
- c) by the disqualification of one of the athletes;
- d) by medical contraindications.

Team competitions

3. The winner in team competitions is determined by greater number of participants' victories. In case of the equal number of victories, the winner shall be determined in an additional bout. The weight category for this bout shall be determined immediately by draw.

4. If the number of victories of one of the teams exceeds half of the total number of bouts, then the team contest shall be stopped,

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the remaining bouts shall be cancelled and a winner shall be declared.

Article 26 - Elimination of both athletes from a bout or competition (disqualification)

In case of the elimination (disqualification) of both contestants, they shall be given a result of 0:0. In this case, the athletes shall not receive any individual or team place, or medals.

Article 27 - Prohibited holds and actions

These prohibited actions shall be penalized by the immediate disqualification:

- punches and kicks,
- locks and strangulations,
- throw an opponent on his head,
- unsportsmanlike conduct.

Article 28 - Protests

In Beach sambo, there is no possibility of appeal against the decision of the referees and officials. All actions and decisions taken in accordance with the «majority of three» rule by the Referee and Officials shall be final.

SECTION V

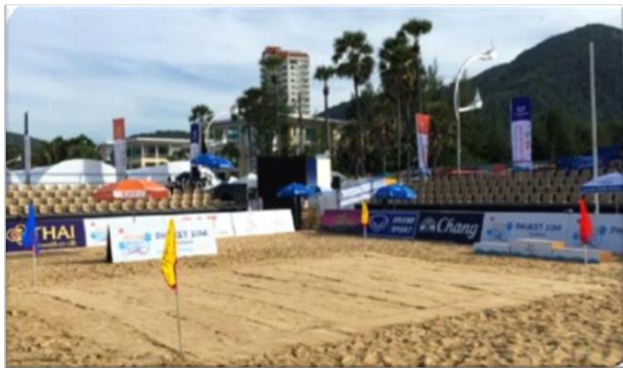
EQUIPMENT OF THE COMPETITION VENUE

Article 29 - Contest area

The contest area shall be located on the sand and shall measure **6 x 6 metres**.

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1 (One) red flag, 1 (one) blue flag and 2 (two) yellow flags on plastic sticks (at least **1 (one) meter** in height) shall be placed in the corners of the contest area.



Article 30 - Equipment for competitions

1. Any system may be used for the sound signal (gong), but it must have a sufficiently loud sound. The signal for each contest area must have a different sound from the other areas.
2. Weigh-in scales must be calibrated.
3. Stopwatches (electronic stopwatches) must have a stop and start device that ensures that the minute and second indicators are not discarded until the end of the bout.
4. An electronic or mechanical scoreboard that displays the scores received by the athletes shall be installed next to the table of the Competition Officials to inform spectators and contestants about the progress of the bout.

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5. An information board shall be installed to inform contestants and representatives about the programme, schedule and progress of the competition. The size and location of the board shall be coordinated with the Competition Officials in advance.
6. All contest areas must be equipped with gongs and manual stopwatches in order to continue the competition in the absence of power supply or in case of the electronic scoreboard malfunctions.
7. Video camera for each contest area.
8. 20-Inch Diagonal LCD Monitor to view videos.

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Annex 1

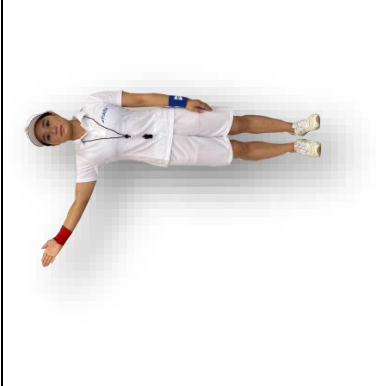


Required number of officials and support staff to hold Beach sambo competitions

Name of the official	Officials according to quantity of competition areas	
	1	2
International technical officials:	10	15
Chief referee	1	1
Chief referee assistant	0	1
Chief secretary	1	1
Referees	8	12
National technical officials:	13	24
Uniform control referee	2	4
Technical secretary	2	4
Timekeeper	2	4
Scoreboard operator	2	4
Announcer	2	3
Doctor	1	2
Nurse	1	2
Competition manager	1	1
Volunteers:	21	30
Athletes escort volunteer	6	12
Video replay system operator	2	3
Secretaries courier	2	3
Chaperone (volunteer of doping control)	9	9
Technical worker (contest area cleaner)	2	3
Total:	44	69

Annex 2

Referee official gestures

Picture	Gesture description
<p data-bbox="370 506 405 899">1. Introduction of participants</p> 	<p data-bbox="505 205 860 711">Stands facing the Officials table and symmetrically to athletes. When introducing a participant stretches in his/her direction the straight arm with the shirt sleeve of the corresponding colour. Then raises up his/her straight arms to the shoulder height simultaneously (edges of the palms down), each in the direction of the respective athlete. Brings arms together at the shoulder height, pointing out to the middle of the contest area and coming to that place simultaneously with the athletes.</p>

2. Start of the bout



When the bout starts (or restarts from the centre), blows a whistle. Simultaneously and energetically moves his/her bent in the elbow arm from up to down between athletes, above the centre of the contest area (up to the upper arm horizontal level). After that makes a step back and takes the position appropriate for watching athletes' actions.

3. Victory



Raises up the straight arm with the sleeve of the corresponding colour with the open palm forward.

3. Activity



Raises up the arm bent in the elbow with the sleeve of the respective colour. The clenched fist is turned forward.

4. Hold is not scored



Makes 2-3 moves with his arm (open palm down) in a horizontal plane.

5. Off the competition area position



Raises up the straight arm nearest to the edge of the contest area to the shoulder height. Afterwards blows the whistle and points out with the straight arm to the middle of the contest area. The bout restarts in the centre.

6. Forbidden action



Raises up arms to the chest height and grips with one arm the wrist of the other, afterwards simulates the violation.

7. Stop the time



Raises up arms to the chest height and grips with one arm the wrist of the other, afterwards simulates the violation.

8. Call a doctor



Raises a straight hand with his palm up towards the location of the medical team.
Waiting for a doctor's response.

9. Bout is finished



Makes the oblique cross with his forearms.
Both palms are with their edges forward.

10. Activate the bout



Rotates the forearms with the arms bent in the elbows in front of the chest.

11. Athletes – to start positions



Blows the whistle, afterwards points out to the corners of the contest area with the straight arms (open palms down).

12. Declaring the winner



Stands in the middle of the contest area facing the Officials table, having taken the wrists of athletes (the colour of the Referee's cuff corresponds to the colour of athlete's uniform). When the Contest area Chairman declares the winner, the Referee raises the athlete's arm up. Then the Referee and athletes turn around and the Referee raises again the winner's arm up (the colour of the Referee's cuff does not correspond to the colour of athlete's uniform). Afterwards athletes shake hands and leave the contest area.

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Annex 4

Entry List Beach sambo Individual Tournament



Country _____

No	Last Name	First Name	Gender	Weight category	Date of birth	Age

Team Leader _____

FIAS Technical Commission Representative _____

Chief Referee _____

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Annex 5



Weigh-in List Beach sambo Individual Tournament

Weight category _____

Gender _____

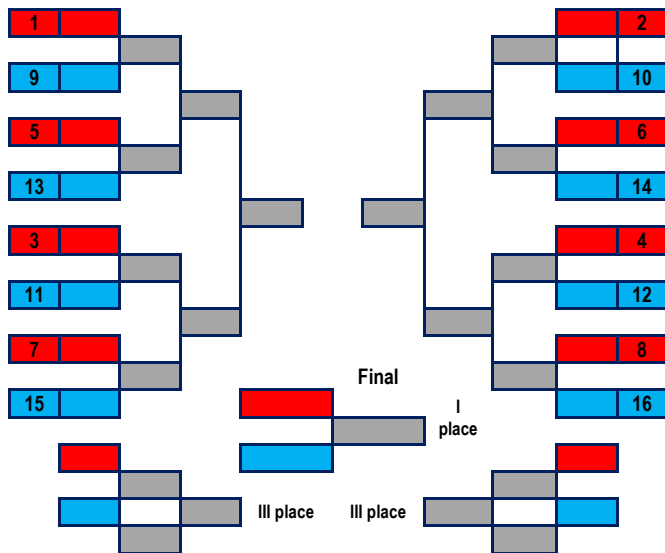
No	Last Name	First Name	Country	Date of birth	Exact weight	Draw number	Signature

FIAS Technical Commission Representative _____

Chief Referee _____



Competition Bracket



FIAS Technical Commission Representative _____

Chief Referee _____

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Annex 7

Contest List Beach sambo Individual Tournament



Weight category _____

Gender _____

Bout	Color	Name	Country	Winner	Officials
1	Red				
2	Blue				
3	Red				
4	Blue				
5	Red				
6	Blue				
7	Red				
8	Blue				

FIAS Technical Commission Representative _____

Chief Referee _____

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Annex 8

Beach sambo Team Tournament



Weight category	Country name	Country name	Officials
W-Under 50			
M-Under 58			
W-Under 59			
M-Under 71			
W-Under 72			
M-Under 88			
W-Over 72			
M-Over 88			
Extra bout			
FINAL RESULT			

FIAS Technical Commission Representative _____

Chief Referee _____

Winner's List
Beach sambo
Individual Tournament (women)



Place	Weight category			
	Under 50	Under 59	Under 72	Over 72
1	Name (country)	Name (country)	Name (country)	Name (country)
2	Name (country)	Name (country)	Name (country)	Name (country)
3	Name (country)	Name (country)	Name (country)	Name (country)
3	Name (country)	Name (country)	Name (country)	Name (country)

Individual Tournament (men)

Place	Weight category			
	Under 58	Under 71	Under 88	Over 88
1	Name (country)	Name (country)	Name (country)	Name (country)
2	Name (country)	Name (country)	Name (country)	Name (country)
3	Name (country)	Name (country)	Name (country)	Name (country)
3	Name (country)	Name (country)	Name (country)	Name (country)

Team Tournament (mixed)

Place	Country
1	
2	
3	
3	

FIAS Technical Commission Representative _____

Chief Referee _____



**Medallists
Beach sambo
Individual Tournament**

Weight category _____

Gender _____

Medal	Name	Country
Gold		
Silver		
Bronze		
Bronze		

FIAS Technical Commission Representative _____

Chief Referee _____



**Medallists
Beach sambo
Team Tournament**

Medal	Country	Team member names
Gold		
Silver		
Bronze		
Bronze		

FIAS Technical Commission Representative _____

Chief Referee _____



**Final Classification
Beach sambo
Individual Tournament**

Weight category _____

Gender _____

Rank	Name	Country
Gold		
Silver		
Bronze		
Bronze		
5		
5		
7		
7		

FIAS Technical Commission Representative _____

Chief Referee _____



Beach sambo Scoreboard's Location at the Contest Area





Time and Actions Indications on the Beach sambo Scoreboard



BEACH SAMBO COMPETITION RULES

Author of idea: **Vasily SHESTAKOV**

*Creation of Competition Rules and Regulations, Beach sambo
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